

Because of the two popular TV series, "Dancing With The Stars" on ABC and "So You Think You Can Dance" on Fox 11, Ballroom and Latin dancing have attracted a lot of attention. If you have not tried Ballroom and Latin dancing before and have always wanted to learn, this will be a great opportunity for UCR students and non-students to get their feet wet in this popular dancesport at UCR's student Recreation Center. Look at the great NFL receiver, Jerry Rice! He came in second when he was competing in the TV series "Dancing With The Stars". He had never done this before until he signed up as a contestant in "Dancing With the Stars". Ballroom and Latin dancing is an aerobic exercise. It's also a great stress release from your school and regular work. You get to listen to all kinds of music from Hip-Hop and Rock 'n Roll to Jazz and Latin music. It's also a great social activity both for the very young and for people into their 80s and 90s. The lessons are geared toward beginner and intermediate levels. You will be taught different dance routines and technique for both social and competitive International Ballroom and Latin dancing at beginner and intermediate levels. Fall quarter: Beginner/Intermediate Cha-Cha/Waltz. Winter quarter: Beginner/Intermediate Rumba/Quickstep. Spring quarter: Beginner/Intermediate Samba/Foxtrot. You don't need a partner to learn International Ballroom and Latin dancing. See latest Student Recreation Center schedule (<http://recreation.ucr.edu/Programs/RecClassSched.htm>) for admission fee and schedule information.